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Congratulations!

On September 26th, Northalta hosted the Annual Educator Celebration. We acknowledged the Educator's professional development and years of service. Thank you to all those who attended and made the evening so special.

Join us in recognizing the Educators who have been with Northalta 5+ years.

5 years - Ruza A., Dina B., Durga D.,

Swati D., Christy G., Rosa K., Davorka K.

6 years - Adelina C., Aisha O.A., Nieves R.

7 years - Anu R., Ritu G., Nicole C., Radhika P.

8 years - Gagandeep C, Jennifer L.

9 years - Parminder C.

10 years - Beth B.

11 years - Davorka B.

12 years - Seo S., Marialuisa S.

13 years - Belen G.

14 years - Rasha S.

16 years - Tracy R.

18 years - Heather S.

19 years - Ela J.

24 years - Marion I, Alicia P.

28 years - Suzana K.

31 years - Shirley M.

Northalta is pleased to see so many educators increase their childcare training by enrolling in post-secondary courses, attending workshops and conferences. We appreciate the Professional Development funding available to Educators.

Northalta recognizes all our Educators outstanding dedication to childcare!

Educator's Birthdays

Sahina A. *Lovely B.
Grace C. *Maria S. *Gagan G.



October 2023

Educator's Anniversaries

Katy M. – 1yr. * Marilyn P. 3 yrs.
Pragna P. 4 yrs. * Parminder C. 9 yrs.
Rasha S. 14 yrs.



Sun	Mon	Tues	Wed	Thu	Fri	Sat
1	2 Parent Fees Due Read-in Week Day homes and Northalta office open	3	4 Parents: Late fee applies to unpaid childcare fees World Animal Day	5	6	7
8 Fire Prevention Week	9 Thanksgiving Day Northalta Office closed Approved Educator Holiday	10	11	12	13	14
15	16	17	18 Educator payment email sent	19	20	21
22	23 Educator payment email due BY 9:00a.m.	24	25	26	27	28
29	30	31 Halloween				

Upcoming Events

October 2nd - 6th Read-in Week – This year's theme is "READ IN is *Reimagined!*" Edmonton Read-In Week partners include schools, post-secondary institutions, the City of Edmonton and various media outlets. Read-in Week recognizes literacy must begin with young children.

October 4th - World Animal Day unites the animal welfare movement it into a global force to make the world a better place for all animals.

October 8th – 14th - Fire Prevention Week - This year's theme is "**Cooking safety starts with you.** Edmonton Fire Rescue Services' Fire Prevention Officers are hosting a series of drop-in interactive displays inviting families to:

- Test their kitchen fire-hazard awareness.
- Learn age-appropriate fire safety practices when cooking.
- See how working smoke detectors impact fires in their neighbourhood.
- Engage with Fire Prevention Officers.

Visit [Fire Prevention Week](#) to learn cooking safety tips

October 9th - Thanksgiving Day – Traditionally, people give thanks for a good harvest and other fortunes in the past year.



October 31st - Halloween - According to old Celtic beliefs, spirits and the dead can cross over into the world of the living.

Important Dates- Please note the upcoming Northalta office closure and day home Educator approved closure schedule:

- **Monday, November 13th, Remembrance Day (day in lieu).**
- **Monday, December 25th - Christmas Day**
- **Tuesday, December 26th - Boxing Day**
- **Monday, January 1st, 2024 - New Year's Day**



Celebrate Read-In Week

We encourage families and educators to celebrate Read-In Week. Educators and families may arrange time for a “guest” to read to the children in the dayhome. This could include grandparents or other family members. By supporting early literacy, we support children’s literacy skills.

The Canadian Pediatric Society states, “Children’s early experiences with books and reading help prepare them for school and set them up for success later in life. Exposing babies to books and reading increases vocabulary and makes it easier for them to learn to read later on. Just as important, sharing books provides babies and children with warm and nurturing interactions with trusted adults. Early exposure to language—whether through books, words, or songs—can help prevent problems and promote health.” Retrieved Sept.26th, 2023 from <https://cps.ca/en/strategic-priorities/literacy>

“Reading to your young child is a very important learning activity for several reasons. While reading, you and your child share a comforting closeness. You also both focus on the same picture and the same concept. Your child can ask you questions, and you can reinforce his or her observations. Reading gives children a chance to learn new words that they wouldn’t normally hear in everyday conversation. If you often read to your child, you may help with his or her speech development. It may also help your child’s later reading abilities and school performance.” Retrieved Sept.26th, 2023 from [MyHealthAlberta](https://myhealth.alberta.ca)



If you have questions or concerns about your child’s speech and language development visit [MyHealthAlberta](https://myhealth.alberta.ca)

Reading can be encouraged by creating a comfortable, quiet place for children to sit and read their books. This can include soft chairs and pillows in a cozy corner.

Activities Educators can provide:

- Create a pretend library.
- Act out a story book.
- Play alphabet games.

When looking for books for children of all ages at, Educators can visit the [EPL](https://www.epl.ca) and [Scholastic Canada](https://www.scholastic.ca).



Fall Activities

There are many great activities children can enjoy this time of year.

✓ Nature walk - Children can observe the changing colors of the leaves and feel the change in temperature.

✓ Scavenger hunt - Children can find all the special signs of fall such as pinecones, and different colors and styles of leaves.



To ensure children can enjoy outdoor fall activities, please provide the appropriate clothes your child will need for the day home. Appropriate clothes may include:

- ✓ Fall jacket, hoodie, sweater
- ✓ Extra pants
- ✓ Warm hat
- ✓ Gloves
- ✓ Footwear

Check out Pinterest for a variety of fall activities for children including Thanksgiving and Halloween ideas.



Tips to Spend Less Money on Food

Everyone is feeling the effects of high grocery prices. It can be challenging to make healthy food choices while watching our dollars. Please refer to the [Tips to Spend Less Money on Food](#) by AHS for helpful ideas and suggestions such as comparing prices, meal planning, and shopping for healthy foods.



Illness Policy

It is that time of year again, cold and flu season.

To keep the dayhomes healthy, Northalta educators comply with the illness recommendations of the following Government of Alberta sources:

- 1) [Family Day Home Standards Manual for Alberta](#) - See Standard 10C: Illness
- 2) [General guidance for COVID-19 and other respiratory infections](#)
- 3) [Healthy Child Care, Healthy Child : A Guide To Promoting Health And Preventing Illness In Early Learning And Child Care Settings](#)

Recommendations include symptoms that would require the removal of a child from the program.

We trust the educators and families to use their best judgment and consider the context and situation of symptoms like a cough and/or runny nose.

Thank you to the families and educators for role modelling good health practices like proper handwashing and covering your cough.